

Management of Minor Stroke and Transient Ischemic Attack (TIA)

The Minor Stroke/TIA Pocket Card

The **Alberta Provincial Stroke Strategy (APSS)** and the **Alberta Stroke Prevention in TIAs and Mild Stroke (ASPIRE) Project** have collaborated to develop an approach to management of minor stroke and TIA. The development of the **Minor Stroke/TIA Pocket Card** is an exciting link between systematic improvements in clinical care and research.

The **Minor Stroke/TIA Pocket Card** is designed for use by clinicians encountering patients presenting with symptoms of minor stroke and TIA.

How is the Minor Stroke/TIA Pocket Card used?

- It is a quick reference tool used to assist in determining stroke risk and management of patients presenting with symptoms of minor stroke or TIA
- Risk of stroke is determined by evaluating clinical features and symptom onset. Stroke risk is triaged according to **High, Medium and Low**.
- An algorithm guides clinical decision making regarding treatments, investigations, interventions, and referrals to secondary stroke prevention services according to the level of risk for stroke.
- In cases of **High** risk for stroke, clinicians are directed to the **TIA HOTLINE**

What is the TIA HOTLINE?

The **TIA HOTLINE** is a service that provides prompt referral to a stroke neurologist for consultation regarding high risk patients involving:

- determination of stroke risk
- management strategies
- investigations and interventions
- access to secondary stroke prevention services

What are the TIA HOTLINE numbers?

- For northern Alberta, including Red Deer, call the **Urgent Care Line (UCL)**
 - **1-888-282-4825**
- For areas south of Red Deer, call the **Southern Alberta Referral and Coordination Centre (SARCC)**
 - **1-800-661-1700**

Evaluation of this approach to Minor Stroke and TIA is a component of the ASPIRE Project and will assist in identifying the prevalence of recurrent events. For further information regarding the **Minor Stroke/TIA Pocket Card** or the **TIA HOTLINE**, contact Carolyn Walker, APSS Education Coordinator, at 403-308-9744.