

## STROKE SERVICES INVENTORY

### ALBERTA HEALTH SERVICES – SOUTHEAST AREA

Updated October 2009

COMPREHENSIVE STROKE CENTERS	PRIMARY STROKE CENTERS	INPATIENT STROKE BEDS
Tertiary center providing a full range of services including neurosurgical/radiological interventions	(Regional hospital providing CT, tPA, & Telestroke links to a Comprehensive Stroke Center)  Medicine Hat Regional Hospital  Nearest Comprehensive Stroke Center: Foothills Medical Centre, Calgary	Medicine Hat Regional Hospital 4 beds + 1 TIA bed on 4West medical unit

INPATIENT REHAB BEDS
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<b>Medicine Hat Regional Hospital</b> Location: 2N rehab unit
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OUTPATIENT STROKE PREVENTION CLINIC	DIAGNOSTIC SERVICES (CT/MRI, CAROTID IMAGING, TELESTROKE)
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<p><b>Seniors Clinic</b>  <u>Location:</u> Medicine Hat Regional Hospital  <u>Hours of operation:</u> 8:00-4:15 weekdays</p> <p><b>Living Healthy Program</b>  <u>Location:</u> River Heights Professional Center, Suite 100, 88 Valleyview Drive SW, Medicine Hat, AB, T1A 8N6  <u>Phone:</u> 403-529-8969  <u>Fax:</u> 403-528-5602  <u>Email:</u> <a href="mailto:livinghealthy@palliserhealth.ca">livinghealthy@palliserhealth.ca</a>  <u>Web site:</u> <a href="http://www.palliserhealth.ca/livinghealthy">www.palliserhealth.ca/livinghealthy</a>  <u>Hours of operation:</u> Monday to Friday, 8:00-4:00  <u>Key Contact:</u> Jill Forsyth, Manager Chronic Disease Management  <u>Services offered for stroke prevention include:</u> lifestyle &amp; disease specific education, exercise programs, mental health promotion, smoking cessation, weight management, nutrition counseling, stress management and Stanford chronic disease self-management workshops (Actions for Life)</p>	<p><b>Telestroke</b>          Telestroke capability from Medicine Hat Regional Hospital to Foothills Medical Centre (Calgary)  <i>(Involves the transmission of CT images for stroke neurology consults to Foothills Medical Center (Calgary) or University of Alberta Hospital (Edmonton))</i></p> <p><b>Carotid imaging (angio or doppler)</b>  <u>Location:</u> Medicine Hat Regional Hospital</p> <p><b>CT</b>  <u>Location:</u> Medicine Hat Regional Hospital  <u>Hours of operation:</u> 24 Hours</p> <p><u>Location:</u> Brooks Health Center  <u>Hours of operation:</u> Monday to Friday</p> <p><b>MRI</b>  <u>Location:</u> Medicine Hat Regional Hospital</p>
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MEDICAL LEADS/STROKE SPECIALISTS	STROKE SPECIALISTS IN NEAREST COMPREHENSIVE STROKE CENTER
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<p><b>Neurologist:</b>  <b>Dr. Salih</b>  <u>Phone:</u> 403-528-8121 (office)  <u>Email:</u> <a href="mailto:esalih75@yahoo.com">esalih75@yahoo.com</a></p> <p><b>Stroke/cardiac access navigators:</b>  <u>Phone:</u> 403-528-8000 ext 1545</p> <p><b>Karen Zimbowski</b>  <u>Email:</u> <a href="mailto:kzimbowski@palliserhealth.ca">kzimbowski@palliserhealth.ca</a></p> <p><b>Barb Jeal</b>  <u>Email:</u> <a href="mailto:bjeal@palliserhealth.ca">bjeal@palliserhealth.ca</a></p> <p><b>Alix Schulte</b>  <u>Email:</u> <a href="mailto:ASchulte@palliserhealth.ca">ASchulte@palliserhealth.ca</a></p>	<p><b>Gerontologists in the Vascular Disease Prevention Clinic (TIA referrals).</b>  <u>Phone:</u> 403-529-8904 (office)</p> <p><b>Dr. Jahan</b>  <u>Email:</u> <a href="mailto:mjahandardoost@palliserhealth.ca">mjahandardoost@palliserhealth.ca</a></p> <p><b>Dr. Villanueva</b>  <u>Email:</u> <a href="mailto:avillanueva@palliserhealth.ca">avillanueva@palliserhealth.ca</a></p> <p><b>Dr. Sahih</b>  <u>Email:</u> <a href="mailto:vsahiholnasab@palliserhealth.ca">vsahiholnasab@palliserhealth.ca</a></p> <p><b>Emergency Physician</b>  <u>Phone:</u> 403-529-8053</p> <p><b>Dr. Rinholm</b>  <u>Email:</u> <a href="mailto:lrinholm@memlane.com">lrinholm@memlane.com</a></p>	<p><b>Foothills Medical Centre, Calgary</b></p> <p><b>Dr. Andrew Demchuk</b>  <u>Email:</u> <a href="mailto:ademchuk@ucalgary.ca">ademchuk@ucalgary.ca</a></p> <p><b>Dr. Tim Watson</b>  <u>Email:</u>  <a href="mailto:Tim.Watson@CalgaryHealthRegion.ca">Tim.Watson@CalgaryHealthRegion.ca</a></p> <p><b>Dr. Shelagh Coutts</b>  <u>Email:</u>  <a href="mailto:Shelagh.Coutts@CalgaryHealthRegion.ca">Shelagh.Coutts@CalgaryHealthRegion.ca</a></p> <p><b>Dr. Michael Hill</b>  <u>Email:</u>  <a href="mailto:Michael.hill@calgaryhealthregion.ca">Michael.hill@calgaryhealthregion.ca</a></p>
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For additional information on stroke practice recommendations and learning resources link to: **Alberta Provincial Stroke Strategy** [www.strokestrategy.ab.ca](http://www.strokestrategy.ab.ca) or call (403) 356-4228

**The Heart and Stroke Foundation of Alberta, NWT & Nunavut:**  
[www.heartandstroke.ab.ca](http://www.heartandstroke.ab.ca) or (403) 264-5549

Prepared by the Alberta Provincial Stroke Strategy and Alberta Health Services – Southeast Area